CCS Community Resource Guide

COVID-19

2020

Community Counseling Solutions

Morrow, Wheeler, Gilliam, and Grant

www.CommunityCounselingSolutions.org

FOOD BANK

MORROW COUNTY

Neighborhood Center of South Morrow County

441 N. Main, Heppner, OR 97836

Open Monday through Thursday: 8-12:00 & 1-4:00

Irrigon-Boardman Food Bank 541-922-4563 Ina Abercrombie

290 N. Main, Irrigon, OR 97844

Open every Tuesday: 9-12:00 & 1-3:00

Senior food box available every third Thursday

Fresh produce day every Thursday

Columbia River Harvesters (Gleaning Group) 541-720-1309 Julia

206 N. Main St. Boardman, OR 97818

Open every Friday & Saturday: 1-4 PM, \$20 per month

Columbia View Church

Contact Jayson Derowitch, Deliver to your home

Boardman Baptist Church 541-481-9437

Monday and Friday deliver food to people who need it.

WHEELER COUNTY

Fossil Community Food Pantry

702 3rd St, Fossil, OR 97830

Open 3rd Tuesday of every month 10 AM -12 PM

GILLIAM COUNTY

Arlington Food Pantry

125 Shane Drive, Arlington, OR 97812

Open the third Monday of every month: 9-12:00

Condon Food Pantry

103 S. Lincoln St, Condon, OR 97823

Open last Monday of every month: 9-11:00

GRANT COUNTY

John Day Food Bank- John Day 541-575-0299
528 East Main Suite 9, John Day, OR 97845
4th Wednesday of every month from 9 Am to 1 PM

Prairie Baptist Food Bank- Prairie City 541-820-4147

145 Front St, Prairie City, OR 97869

3rd Tuesday of every month from 5 Pm to 7 PM

Methodist Food Pantry- John Day 541-575-1326 126 NW Canton St, John Day, OR 97845 Hours Friday 3-5 PM

Monument Food Pantry- Monument 541-934-2056 260 Main St, Monument, OR 97864 3rd Thursday of the month

Oregon Food Banks

Find local food resources and information to access food banks in response to COVID-19. Pantries and food assistance sites across the state remain open with increased cleaning and changes in service to help minimize contact among groups of people. Though this website updates hours and availability on a daily, they advise calling ahead before visiting a partner agency. https://www.oregonfoodbank.org/find-help/find-food/

EMPLOYMENT OFFICE

MORROW COUNTY

Oregon Employment Department: Worksource Oregon 541-567-3381

Hermiston, OR 97820

www.employment.oregon.gov www.worksourceoregon.org

Express Employment (541)567-1123

Certified Personnel Services (541) 564-7862

Mj's Labor (541) 922-1620

Attkisson Staffing (541) 567-1094

WHEELER COUNTY

Oregon Employment Department: Worksource Oregon

Fossil, OR 97820

www.employment.oregon.gov www.worksourceoregon.org

GILLIAM COUNTY

Oregon Employment Department: Worksource Oregon

Condon, OR 97820

www.employment.oregon.gov www.worksourceoregon.org

GRANT COUNTY

Oregon Employment Department: Worksource Oregon 541-575-0744

120 Washington St., Canyon City, OR 97820

www.employment.oregon.gov www.worksourceoregon.org

CCS COMMUNITY RESOURCE GUIDE 2020

UNEMPLOYMENT

Update 5/11/2020

The Oregon Employment Department has opened a new portal for contractors and selfemployed workers who are filing for unemployment for the first time as part of the expanded unemployment benefits available through the federal CARES Act. https://govstatus.egov.com/ui-benefits/CARES

Update 5/8/2020

Oregon Energy Fund provides energy assistance through partner agencies throughout Oregon: http://www.oregonenergyfund.org/energy-assistance/

HEALTH DEPARTMENT

MORROW COUNTY

Morrow County Health Department

<u>Heppner</u> 541-676-5421 110 N Court St. Heppner, OR 97836

Hours: Monday-Friday 8:00am-5:00pm Lunch 12:00pm-1:00pm

Clinic day is Wednesday 8:00am-5:00pm

Boardman: 541-481-4200

101 Boardman Ave. NW Boardman, OR 97818

Hours: Monday-Tuesday 8:30am-4:30pm Lunch 12:30pm-1:00pm

lone: 541-422-7128

365 W 3rd St. Ione, OR 97843

WHEELER COUNTY

Wheeler County Public Health 541-763-2725 712 Jay Street, Fossil, OR 97830 www.asherhealth.org

GILLIAM COUNTY

North Central Public Health District (NCPHD) 541-506-2600

GRANT COUNTY

Grant County Health Department 541-575-0429

528 E. Main St., Suite E, John Day, OR 97845

Manager: Jessica Winegar, RN

TRANSPORTATION

MORROW COUNTY

The Loop 541-676-LOOP (5667)

Transportation Net Work 1-877-875-4657

Caravan 541-667-3881

WHEELER COUNTY

Wheeler County Transportation 541-468-2859
Transportation Net Work 1-877-875-4657

GILLIAM COUNTY

Gilliam County Transportation 541-384-2252 Transportation Net Work 1-877-875-4657

GRANT COUNTY

People Mover 541-575-2370

229 NE Dayton St., John Day, OR 97845

Routes: Door to Door: Provided for hospital and doctor visits only John Day Valley: Mon-Fri 9 AM to 4 PM

PHARMACY

MORROW COUNTY

Murray's Pharmacy

Boardman 541-481-9474 101 SW Kinkade Rd, Boardman, OR 97818

Heppner 541-676-9158

Columbia River Pharmacy

Boardman 541-481-5444

WHEELER COUNTY

Wheeler County Trading Co-Mitchell 541-462-3585

Murray's Pharmacy- Condon 541-256-1200

GILLIAM COUNTY

Murray's Pharmacy- Condon 541-384-2801 225 S Main St., Condon, OR

GRANT COUNTY

Lens Pharmacy 541-575-0629

120 E. Main, John Day, OR 97845

www.lensdrug.com

GROCERY STORE

MORROW COUNTY

Harvest Town Foods 541-481-7422

WHEELER COUNTY

Lone Elk Market Spray, OR 541-468-2443

John Day River Trading Post Kimberly, OR 541- 934-2060

Fossil Mercantile Company Fossil, OR 541-763-4617

GILLIAM COUNTY

Two Boys Select Market 541-384-2371

301 S Main St., Condon, OR

Thrifty Food Center 541-454-2711

100 On-The-Mall, Arlington, OR

GRANT COUNTY

Chester's Thriftway- John Day 541-575-1899

631 W Main St., John Day, OR 97845

Online Order https://www.mercato.com/shop/chesters-markets-john-day

Huffman's select Marker- Prairie City 541-820-3588 222 W Front St., Prairie City, OR 97869

MENTAL HEALTH / CRISIS

MORROW COUNTY

Community Counseling Solutions- Heppner 541-676-9161

550 W Sprerry St, Heppner, OR 97836

Mon – Fri 8 Am to 5 PM

Community Counseling Solutions- Boardman 541-481-2911

104 SW Kinkade Ave, Boardman, OR 97818

Mon – Fri 8 AM to 5 PM

WHEELER COUNTY

Community Counseling Solutions- Fossil 541-763-2746

401 4th St., Fossil, OR 97830

Mon – Fri 8 AM to 5 PM

GILLIAM COUNTY

Community Counseling Solutions- Condon 541-384-2666

422 N Main St., Condon, OR 97823

Mon – Fri 8 AM to 5 PM

Community Counseling Solutions- Arlington 541-454-2223

120 Arlington Mall, Arlington, OR 97812

Mon – Fri 8 AM to 5 PM

GRANT COUNTY

Community Counseling Solutions 541-575-1466

528 E. Main St., Suite W, John Day, OR 97845

Mon – Fri 8 AM to 5 PM

CRISIS

Suicide Lifeline: 1-800-273-8255, 1-888-628-9454 for Spanish

Alcohol and Drug Helpline: 1-800-923-4357

Military Helpline: 1-888-457-4838

Youthline: 1-877-968-8491 or text teen2teen to 839863 Warmline: 1-800-698-2392 Every day from 9 AM to 11 PM

COVID-19 Resources for Managing Stress

COVID-13 NC30urcc3 for ividing Stress		
The U.S. Department of Veterans Affairs offers a page of resources to manage stress for anyone experiencing stress reactions due to the impact of COVID-19. Links to stress management resources for community leaders and health care workers are also included. https://www.ptsd.va.gov/covid/index.asp		

MEDICAL PROVIDER/HOSPITAL

MORROW COUNTY

Irrigon Medical Clinic	541-922-5880	Irrigon, OR
Pioneer Memorial Clinic	541-676-5504	Heppner, OR
Morrow County Health Department	541-481-2911	Boardman, OR
Columbia River Health	541-481-7212	Boardman, OR
Pioneer Memorial Hospital	541-676-9133	Heppner, OR
Good Shepherd Hospital	541-667-3400	Hermiston, Or

WHEELER COUNTY

Asher Community Health Center	541-468-2211	Spray, OR
Asher Community Health Center	541-763-2725	Fossil, OR

GILLIAM COUNTY

South Gilliam Health Center 541-481-2061

422 N. Main, Condon, OR

Arlington Medical Center 541-454-2888 Arlington, OR

GRANT COUNTY

Grant County Health Department 541-575-0429 John Day, OR
Strawberry Wilderness Community Clinic 541-575-0404 John Day, OR
Blue Mountain Hospital 541-575-1311 John Day, OR

Free Clinics in Oregon

An online directory of free and affordable health clinics in Oregon. Most clinics listed in the database receive federal grants, state subsidies, or are owned and operated by non-profit organizations and provide services that are either free or at a reduced rate.

https://www.freeclinics.com/sta/oregon

ENERGY, HOUSING & RENTAL ASSISTANCE

MORROW COUNTY

Community Action Program of East Central Oregon (CAPECO) 800-752-1139 Hermiston Warming Center 541-289-2150 Open Nov-Feb

WHEELER COUNTY

Community Action Program and East Central Oregon (CAPECO) 800-752-1139 HUD-Housing and Urban Development 541-548-2380 Mitchell 541-567-3241 Fossil/Spray

GILLIAM COUNTY

Community Action Program of East Central Oregon (CAPECO)

Arlington 541-454-2667 Condon 541-384-2399

GRANT COUNTY

Grant County Senior Center 541-575-2949 142 NE Dayton, John Day OR 97845

HOUSING & UTILITY ASSISTANCE

211info Connection to Assistance Programs

211info connects people with health and social service organizations to include enhanced information & referral and assistance programs that target specific services. Visit this site to find connect to assistance with utilities, housing, health, food, and other programs. https://www.211info.org/

Emergency Housing Help

This page lists various housing assistance programs that are designed for lower income Oregonians, operate through local agencies (CAAs) and community service providers. https://www.oregon.gov/ohcs/Pages/housing-assistance-in-oregon.aspx

Low Income Home Energy Assistance Program (LIHEAP)

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The Low Income Home Energy Assistance Program (LIHEAP) provides low-income Oregonians assistance with their home energy expenses. The LIHEAP program includes bill payment assistance, energy education, case management, and home weatherization services. https://www.oregon.gov/ohcs/pages/low-income-energy-assistance-oregon.aspx		
nttps://www.oregon.gov/ones/pages/low meonic energy assistance oregon.aspx		

Housing

Northeast Oregon Housing Authority 541-963-5360 Union/Grant/Baker/Wallowa 2608 May Lane La Grande Or 97869

<u>Umatilla County Housing Authority</u> 541-567-3241 Umatilla/Morrow/Gilliam/Wheeler 155 SW 10th St Hermiston Or 97838

Housing assistance

Community Counseling Solutions 541-676-9161
Rental Assistance Program
Contact: Alita Nelson, Robert Hubbell

MORROW COUNTY

St. Patrick Senior Apartment 541-676-5380 190 N. Main St. Heppner Or 97836

Mountain Glen Apartments 541-676-9232 200 Pioneer Drive Heppner Or 97836

Castle Rock Apartments 541-567-3241 451 Tatone St. Boardman Or 97818

Morrow Estates 541-481-2855

220 Ne Anderson Circle Boardman Or.97818

Sagebrush Affordable Housing 541-567-7595
331 Nw Boardman Ave. Boardman Or 97818

WHEELER COUNTY

Umatilla County Housing Authority 541-567-3241 Umatilla/Morrow/Gilliam/Wheeler 155 sw 10th St Hermiston Or 97838

GILLIAM COUNTY

Umatilla County Housing Authority 541-567-3241 Umatilla/Morrow/Gilliam/Wheeler 155 sw 10th St Hermiston Or 97838

GRANT COUNTY

Kircher Korners 503-575-0307 210 S Main St. Prairie City Or. 97869

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Strawberry Village 541-575-1758 142 11th st. Prairie City or. 97869

Canyon Creek Court 866-933-2297 ext. 23233 105 sw. 1st Ave. John Day Or 97845

Meadow Brook II 541-575-0498 605 E Main St John Day Or 97845

Ne Oregon Housing Authority 541-963-5360 4018 Patterson Drive Canyon City Or 97820

Oregon Housing and Community Services

Resources such as foreclosure prevention, homelessness prevention, etc. https://www.oregon.gov/ohcs/Pages/agency-programs-directory-list.aspx

HOTEL

MORROW COUNTY

541- 481-6800
541-481-2441
541-481-2775
541- 541-481-2375
541-922-4374
541-676-9167

WHEELER COUNTY

The Oregon Hotel- Mitchell	541-462-3027
River Bend Motel	541-468-2053

GILLIAM COUNTY

Hotel Condon- Condon	541-384-4624
Rodeway Inn- Arlington	541-454-2089
Village Inn- Arlington	541-454-2646

GRANT COUNTY

Best Western Inn- John Day	541-575-1700
Americas Best Value Inn- John Day	541-575-1462
Dreamers Lodge Motel- John Day	541-575-0526
Hotel Prairie- Prairie City	541-820-4800
John Day Motel- John Day	541-575-9000
Budget 8 Motel- John Day	541-575-2155

SCHOOL

MORROW COUNTY

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Boa	rn	ma	n
DUa	ıu	ma	

Sam Boardman Elementary	541- 481-7383
Windy River Elementary	541- 481-2526
Learning Center	541-481-2099
Boardman JR. SR. High School	541- 481-2525

Irrigon

ACH Elementary School	541- 922-3321
Irrigon Elementary School	541-922-2421
Irrigon JR. SR. High School	541-922-5551
Morrow Education Center	541-922-4004

Heppner

Heppner High School	541-676-9138
Heppner Junior High School	541-676-9130
Heppner Elementary School	541-676-9128

lone

Ione High School 541-422-7131

WHEELER COUNTY

Fossil School District Office	541-763-4384
Fossil Elementary School	541-763-4155
Wheeler High School	541-763-4146
Wheeler School Superintendent	541-763-4303
Spray School	541-468-2226
Mitchell School	541-462-3311

GILLIAM COUNTY

Condon School District	541-384-2581
Condon Public School District	541-384-2441
Arlington High School	541-454-2632
Arlington Elementary School	541-
North Plains School	
North Central Education services	800-450-2732
North Central EAD Early Education	541-384-3808
Condon Grade School	541-384-2581

GRANT COUNTY

Grant School District	541-575-1280
Grant County Education Services	541-575-1349
Grant Union Jr/Sr High School	541-575-1799
Humbolt Elementary School	541-575-0451
Sonshine Christian School	541-575-1895
Prairie City School	541-820-3314
Dayville School	541-987-2412
Seneca School	541-542-2542
Long Creek School	541-421-3896
Monument School	541-934-2646
Umtailla Morrow Head Start- Grant	541-575-1429

Where to Find School Meals During COVID-19 Closures

Partners for a Hunger-Free Oregon are hosting a list of where to find school meals during COVID-10 closures in Oregon. The list is sorted by School District.

https://docs.google.com/spreadsheets/d/e/2PACX-

1vQdNuwGk2d3GnFHMqWP5EOM4C9sTKriEoTXNlbCFjJuxHlOz8wKv89L-dtDAOf4lWcjl8QM82L-mOW3/pubhtml?gid=1537028636&%3Bsingle=true&%3Bwidget=true&%3Bheaders=false&urp=gmail_link

DEPARTMENT OF HUMAN SERVICES

Child Abuse Hotline 1-855-503-7233

MORROW COUNTY

Department of Human Service 103 SW Kinkade Rd, Boardman, OR 97818 Child Welfare 541-481-9482; 800-547-3897 Self- Sufficiency, Food Stamps, TANF Aging and People with Disability

WHEELER COUNTY

Department of Human Service $401 \text{ S } 4^{\text{Th}} \text{ St, Fossil, OR } 97830$ Child Welfare 541-763-2142Self- Sufficiency, Food Stamps, TANF Aging and People with Disability

GILLIAM COUNTY

Department of Human Service 103 S Main St., Condon, OR 97823 Child Welfare 541-384-5088 Self- Sufficiency, Food Stamps, TANF 541-384-4252 Aging and People with Disability

GRANT COUNTY

Department of Human Service 725 West Main St., John Day, OR 97845

Child Welfare 541-575-0728
Self- Sufficiency, Food Stamps, TANF 541-575-0309
Aging and People with Disability 541-575-0255

FOOD ASSISTANCE

Online Application for SNAP Benefits

SNAP offers food benefits to eligible, low-income individuals and families. Apply for Supplemental Nutrition Assistance Program (SNAP) benefits through this online application. https://apps.state.or.us/onlineApplication/

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SNAP (Supplemental Nutrition Assistance Program) FAQ

Get answers to Frequently Asked Questions about the Supplemental Nutrition Assistance Program to assist with applying for and receiving SNAP benefits. https://apps.state.or.us/onlineApplication/pdf/FAQ.pdf

DOMESTIC VIOLENCE

MORROW COUNTY

Domestic Violence Service in Boardman 541-379-1108

Morrow County Victim's Assistance Program 541-676-5665

WHEELER COUNTY

Haven Domestic Violence Services 541-296-1662

Wheeler County Victim's Assistance Program 541-763-2380

GILLIAM COUNTY

Haven Domestic Violence Services 1-800-249-4789

Gilliam County Victim's Assistance Program 541-384-4704

GRANT COUNTY

Heart of Grant County 541-575-4335

24 Hour Hotline 541-620-1342

Wednesday 12 PM Women's Support Group for Domestic Violence and

Survivors- Free Lunch!

Grant County Victim's Assistance Program 541-575-0146

VA OFFICE

MORROW COUNTY

Tele Health Boardman 541-481-2255

WHEELER CCOUNTY

Tuesdays - Fossil
Family Service Building 541-763-3032
401 4th St, Fossil, OR

Wednesdays - Moro
Sherman County Senior Center 541-565-3408
300 Dewey St, Moro, OR

Thursdays - Condon

Gilliam County Courthouse 541-384-6712 – office 541-705-0051 - cell 221 S Oregon St, Condon, OR

GILLIAM COUNTY

Gilliam County Veterans Services p. 541-384-6712 cell 541-705-0051 PO Box 427, 221 S Oregon St, Condon, OR 97823

GRANT COUNTY

Grant County Veterans Services 541-575-1631 530 E. Main St., Suite 5, John Day, OR 97845 Mon – Fri 10 AM to 4 PM

Military Heroes Fund COVID-19 Emergency Financial Relief Program

The COVID-19 Emergency Financial Relief Program was created to provide financial assistance to all Veterans, Active Duty, Reserves and National Guard who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic. The grant amount will support 1 month of payment up to \$1500 in the following areas: Rent, Mortgage, Auto Loan/Lease, Utilities (Electric, Water, Heat).

https://penfedfoundation.org/apply-for-assistance/coronavirus-emergency-financial-assistance/

FREE MEAL IN TOWN

Summer Meal Map https://www.summerfoodoregon.org/map/

Food Access in a Pandemic https://oregonhunger.org/covid-19/

MORROW COUNTY

School buses deliver lunches Monday to Friday at select bus stops. Friday, they deliver meals for the weekend also. Bus barn (541) 481-7551

Ione School 541-422-7131 445 Spring St. Ione, OR 97843

Start Date: 3/1/2020 End Date: 6/30/2020 S,M,T,W,TH,F,SA

Breakfast Time: 07:30 AM - 08:30 AM Lunch Time: 02:00 PM - 02:00 PM

WHEELER COUNTY

Mitchell School 5414623311 340 SE High Street Mitchell, OR 97750

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH

Breakfast Time: 07:30 AM - 09:30 AM Lunch Time: 11:30 AM - 01:00 PM

GILLIAM COUNTY

Condon Meal Site: Every Thursday, Deliveries by Gilliam Co Transportation 541-384-2399

Arlington Meal Site: 541-454-2010

Arlington Community Charter 541-454-2727 1400 Main Street Arlington, OR 97812

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH

Breakfast Time: 08:00 AM - 11:00 AM Lunch Time: 02:00 PM - 02:00 PM

Condon Elementary School 541-384-2581 220 S. East St. Condon, OR 97823

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH

Breakfast Time: 10:00 AM - 11:00 AM Lunch Time: 11:00 AM - 12:00 PM

Condon Child Care 5413844737 311 E. Bayard St. Condon, OR 97823

Start Date: 6/8/2020 End Date: 8/27/2020 M,T,W,TH

GRANT COUNTY

No Free School Lunch during this summer.

Prairie City School 541-820-3314 740 Overholt Street Prairie City, OR 97869

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH

Breakfast Time: 08:00 AM - 09:00 AM Lunch Time: 10:00 AM - 11:00 AM

Dayville School 5419872412 285 School House Rd. Dayville, OR 97825

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH,F

Breakfast Time: 07:30 AM - 08:00 AM Lunch Time: 11:00 AM - 12:30 PM

Long Creek School 5414213896 375 E. Main Long Creek, OR 98756

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH

Breakfast Time: 08:00 AM - 09:00 AM Lunch Time: 11:00 AM - 12:00 PM

Monument School 5419342646 127 North Street Monument, OR 97864

Start Date: 3/1/2020 End Date: 6/30/2020 M,T,W,TH

Breakfast Time: 07:30 AM - 08:00 AM Lunch Time: 11:30 AM - 12:00 PM

SUBSTANCE RECOVERY SUPPORT

Oregon Recovery Network

https://oregonrecoverynetwork.org/

Waitsburg AA Online Meetings

Waitsburg	AA	AA	Mondays	8:00 PM	Zoom	https://zoom.us/j/488421504
Eastern Oregor	n AA	AA	Tuedays	6:30 PM	Zoom	https://zoom.us/j/632816881
Eastern Oregor	n AA	AA	Wednesdays	6:30 PM	Zoom	https://zoom.us/j/632816881
Eastern Oregor	n AA	AA	Thursdays	6:30 PM	Zoom	https://zoom.us/j/632816881
Eastern Oregor	n AA	AA	Fridays	6:30 PM	Zoom	https://zoom.us/j/632816881
Waitsburg	AA	AA	Saturdays	8:00 PM	Zoom	https://zoom.us/j/632816881
Eastern Oregor	n AA	AA	Sundays	6:30 PM	Zoom	https://zoom.us/j/632816881

Northeastern Oregon Area NA Online Meetings

Northeastern Oregon NA Everyday 8:00 PM Zoom https://zoom.us/j/300126104

Eastern Oregon Young People in Recovery

Young People In Recovery age 18-30 Thursdays 6:00 PM Google Hangout

meet.google.com/fri-yots-bkw

MORROW COUNTY

WHEELER COUNTY

GILLIAM COUNTY

GRANT COUNTY

AA meeting Monday 7:30 PM Mt Vernon

AA meeting Wednesday 7:30 PM Catholic Church in John Day

- Steve 541-521-3156

CHURCH (ONLINE SERMON)

MORROW COUNTY

Boardman

First Baptist Church (541) 481-9437 Good Shepherd Lutheran (541) 481-6132 Boardman Community Church (541) 481-4915

Church of Jesus Christ Latter-day Saints (541) 481-2655

Lady of Guadalupe (541) 481-2024

Irrigon

Family Worship Center (541) 922-3054

Columbia View Community Church (541) 922-4531

Seventh Day Adventist (541) 922-3895

WHEELER COUNTY

GILLIAM COUNTY

Baptist 541-384-5888 207 S. Church St., Condon St. John's Catholic 541-384-5271 421 W Walnut St., Condon, United Church of Christ 541-384-3681 110 S Church St., Condon

GRANT COUNTY

John Day Church of The Nazarene 541-575-1895 First Baptist Church 541-678-7559

GOVERNOR'S ORDER

Executive Orders

Read the full text of all of the Governor's Executive Orders related to coronavirus, including their translations available in eleven languages.

https://govstatus.egov.com/or-covid-19

Executive Order 20-27

A SAFE AND STRONG OREGON (PHASE II):

MAINTAINING ESSENTIAL HEALTH DIRECTIVES IN RESPONSE TO COVID-19, AND CONTINUING TO IMPLEMENT A PHASED APPROACH FOR REOPENING OREGON'S ECONOMY

https://www.oregon.gov/gov/admin/Pages/eo_20-27.aspx

Executive Order 20-25

Implementing a Phased Reopening https://www.oregon.gov/gov/admin/Pages/eo 20-25.aspx

Executive Order 20-24

Extending COVID-19 state of emergency from 20-03 https://www.oregon.gov/gov/admin/Pages/eo 20-24.aspx

Executive Order 20-22
Allowing non-urgent medical procedures
https://www.oregon.gov/gov/admin/Pages/eo 20-22.aspx

Executive Order 20-19
Extending restrictions on childcare facilities from EO 20-12
https://www.oregon.gov/gov/admin/Pages/eo 20-19.aspx

Executive Order 20-18
Protecting Recovery Rebates from Garnishments
https://www.oregon.gov/gov/admin/Pages/eo 20-18.aspx

Executive Order 20-17
Extending Higher Ed Closure
https://www.oregon.gov/gov/admin/Pages/eo 20-17.aspx

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Executive Order 20-16

Keeping Local Government Working

https://www.oregon.gov/gov/admin/Pages/eo 20-16.aspx

Executive Order 20-15

Extending Executive Order 20-06

https://www.oregon.gov/gov/admin/Pages/eo 20-15.aspx

Executive Order 20-14

Extending Executive Order 20-07

https://www.oregon.gov/gov/admin/Pages/eo_20-14.aspx

Executive Order 20-13

Strengthening Eviction Protections

https://www.oregon.gov/gov/admin/Pages/eo 20-13.aspx

Executive Order 20-12

Stay Home, Save Lives

https://www.oregon.gov/gov/admin/Pages/eo 20-12.aspx

Executive Order 20-12 Summary

Available in Español / Spanish, Русский / Russian, Tiếng Việt / Vietnamese, Chinese, and Af Soomaali / Somali

https://www.myoregon.gov/2020/03/24/executive-order-to-stay-home-except-for-essential-needs-is-now-available-in-other-languages/

Executive Order 20-11

Eviction moratorium

https://www.oregon.gov/gov/admin/Pages/eo 20-11.aspx

Executive Order 20-10

Conserving personal protective equipment (PPE, including gowns, masks, and gloves) and protecting health care workers

https://www.oregon.gov/gov/admin/Pages/eo 20-10.aspx

Executive Order 20-09

Suspension of higher education in-person instruction

https://www.oregon.gov/gov/admin/Pages/eo 20-09.aspx

Executive Order 20-08

Closure of schools

https://www.oregon.gov/gov/admin/Pages/eo 20-08.aspx

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Executive Order 20-07
Limiting gatherings to 25 people; prohibiting dine-in
https://www.oregon.gov/gov/admin/Pages/eo 20-07.aspx

Executive Order 20-06

Declaration of abnormal disruption to market

https://www.oregon.gov/gov/admin/Pages/eo 20-06.aspx

Executive Order 20-05
Prohibiting large gatherings
https://www.oregon.gov/gov/admin/Pages/eo 20-05.aspx

Executive Order 20-03

Declaration of emergency due to COVID-19

https://www.oregon.gov/gov/admin/Pages/eo 20-03.aspx

TAX RELIEF

ODR Tax Relief Options

The Oregon Department of Revenue has several options to grant relief under federal or state declarations of emergency, or when situations arise that impair the ability of taxpayers to meet their obligations. Some options and legal authority are described on this site.

https://www.oregon.gov/dor/Pages/COVID19.aspx

IRS Tax Relief Options

The Internal Revenue Service has established a special section focused on steps to help taxpayers, businesses and others affected by the coronavirus. This page will be updated as new information is available.

https://www.irs.gov/coronavirus

SMALL BUSINESS SUPPORT

Update 5/12/2020

Business Oregon Launches \$10 million Grant Program for Local Communities to Support Small Businesses throughout Oregon

http://www.oregon4biz.com/xdf/EmergencyFundAnnouncement_05082020.pdf?utm_term=Funding %20Application%20Information&utm_campaign=NEWS%20RELEASE%20%2F%2F%20Business%20Ore gon%20Launches%20%2410%20million%20Grant%20Program%20for%20Local%20Communities%20to %20Support%20Small%20Businesses...&utm_content=email&utm_source=Act-On+Software&utm_medium=email&cm_mmc=Act-On%20Software-_-email-_- NEWS%20RELEASE%20%2F%2F%20Business%20Oregon%20Launches%20%2410%20million%20Grant %20Program%20for%20Local%20Communities%20to%20Support%20Small%20Businesses...-_- Funding%20Application%20Information

Update 5/6/2020

Employee Retention Credit available for many businesses financially impacted by COVID-19: https://www.irs.gov/newsroom/irs-employee-retention-credit-available-for-many-businesses-financially-impacted-by-covid-19

CORONAVIRUS (COVID-19)

Federal Updates https://www.coronavirus.gov/

MONDAY, MAY 25, 2020 Cases in the U.S.

SATURDAY, MAY 23, 2020 Guidance for Communities of Faith

FRIDAY, MAY 15, 2020 Farmers to Families Food Box

FRIDAY, MAY 8, 2020 Caring for Someone Sick at Home

MONDAY, APRIL 27, 2020 Opening Up America Again Testing Overview and Testing Blueprint

THURSDAY, APRIL 16, 2020 Guidelines for Opening Up America Again

FREE PHONE APPS FOR WELLNESS

My Strength

- Mood balance, calming (Free)
- Code: grantssupport

Breath2relax

Stress management (Free)

Pacifica

stress and anxiety (Free)

Mindshift

Teen/anxiety (Free)

PTSD Coach

Designed for veterans (Free)

Diary Mood Tracker

Anxiety and depression (Free)

Breathing Exercise

Anxiety and panic attacks (Free)

Mood Tools – Depression

- Depression (Free)

The Worry Box

- Anxiety and Depression

LIFELINE

The FCC's Lifeline program provides monthly discounts on phone and broadband service to qualifying low-income consumers. For more information on the program and how to apply, please visit

https://protect2.fireeye.com/url?k=c2613068-9e351943-c2610157-0cc47a6d17cc-1da46966e675a117&u=https://protect2.fireeye.com/url?k=08cfa239-549aabe9-08cf9306-0cc47a6a52de-84aa0b4b19c9f08d&u=https://www.lifelinesupport.org/

Many fixed (landline) Lifeline carriers already offer unlimited local and toll-free calling to their subscribers, and mobile wireless Lifeline carriers that are temporarily offering unlimited calling to subscribers during the COVID-19 pandemic include the following (click on the links for more details): Q Link Wireless (until May 31st); TracFone, through its SafeLink Wireless brand (until May 29th); and Virgin Mobile, through its Assurance Wireless brand (until May 20th). To find Lifeline carriers in your area, please visit

 $\frac{\text{https://protect2.fireeye.com/url?k=067c2c66-5a28054d-067c1d59-0cc47a6d17cc-dbb171c892ad6359\&u=https://protect2.fireeye.com/url?k=00ef6199-5cba6849-00ef50a6-0cc47a6a52de-9378cf1fc2f40937\&u=https://data.usac.org/publicreports/CompaniesNearMe/Download/Report}$